

POÇÕES TRAIL RUNNING

Relatório Geral - 6,5KM - Feminino

Coloc.	Numero	Nome	Fx.Et.	Cl.Fx.	Equipe	Ritmo	Vel.	Tempo
1	81	TATIANE OLIVEIRA FRÓIS	F2029	-	ÁGUIA RUNNING	00:04:02	14,85	00:26:16
2	79	SILVANA MARINHO PEREIRA	F3039	-	FREE RUN	00:04:52	12,32	00:31:39
3	84	VANESSA CARDOSO SA MARTINS	F3039	-	FREE RUN	00:04:54	12,24	00:31:52
4	64	MESSIANE GOMES SANTOS	F2029	-	VL TRAINER RUN	00:05:10	11,63	00:33:32
5	2	ADIRAN SILVA DE OLIVEIRA	F4049	-	AÇOUGUE ALVORADA	00:05:14	11,48	00:33:59
6	6	ALILIA DE JESUS DOS SANTOS	F2029	1	ÁGUIA RUNNING	00:05:21	11,21	00:34:47
7	50	LAIZA COSTA DOS SANTOS NASCIMENTO	F0019	1	CROSS ELITE	00:05:23	11,15	00:34:58
8	73	RAIMUNDA SILVA ROCHA	F3039	1	ÁGUIA RUNNING	00:05:25	11,08	00:35:11
9	21	DELMA MARIA TEIXEIRA FERRO	F4049	1	TIM ANDRADE	00:05:26	11,05	00:35:17
10	66	NAYANGELA LOPES	F2029	2	TEEM ANDRADE	00:05:27	11,01	00:35:25
11	61	MARILENE MEIRA ROCHA SILVA	F3039	2	FREE RUN	00:05:29	10,94	00:35:39
12	62	MARINA RIBEIRO VIEIRA	F5099	1	DCR RUN	00:05:32	10,84	00:35:58
13	42	JÉSSICA DE OLIVEIRA SILVA	F2029	3	CROSS ELITE	00:05:35	10,73	00:36:20
14	15	CIDALVA DE JESUS SAMPAIO	F4049	2	ÁGUIA RUNNING	00:05:46	10,40	00:37:29
15	80	STEPHANIE PEREIRA DA CRUZ	F2029	4	CROSS ELITE	00:05:47	10,38	00:37:35
16	65	NARA ANDRADE DO NASCIMENTO MACEDO	F4049	3	CROSS ELITE	00:05:55	10,13	00:38:29
17	72	PRISCILA SILVA ROCHA DIAS	F3039	3	CROSS ELITE	00:06:03	9,92	00:39:19
18	74	RARIELLY MOREIRA DO NASCIMENTO	F2029	5	CROSS ELITE	00:06:03	9,92	00:39:19
19	83	VANESSA CAETANO NOVAES	F0019	2	CROSS ELITE	00:06:12	9,69	00:40:16
20	17	CRISTIANE ALMEIDA NOLASCO	F4049	4		00:06:29	9,25	00:42:10
21	55	LUCIAN ALVES OLIVEIRA PRATES	F4049	5	CROSS ELITE	00:06:43	8,93	00:43:40
22	8	ANGELITA DE SOUZA	F4049	6	TEAM ANDRADE	00:06:59	8,60	00:45:22
23	18	DAIANE ROCHA DOS SANTOS VASCONCELOS	F3039	4	DCR RUN	00:07:10	8,38	00:46:34
24	75	RENATA OLIVEIRA DA ROSA	F3039	5	CROSS ELITE	00:07:53	7,60	00:51:17
25	60	MARIA DA CONCEIÇÃO AMARAL BRAGA NOLASCO	F4049	7	EL SINHO COACH	00:09:32	6,29	01:02:00
26	41	JAINA BISPO SANTOS	F3039	6	EL SINHO COACH	00:09:34	6,28	01:02:08

